

# Annual Report – 2020









# Reliable support through the crisis

"Children need more than food, a roof over their head and basic education, they also need family, love and positive integration into society." Werner Lehnis – Co-Founder



People in Ukraine and Malawi relied on us through the crisis of 2020 to continue providing the help they needed. Children's education was supported, foster families received advice and training on a national level in Ukraine, and we distributed food to ensure that families didn't go hungry.

Thank you, from every child who benefited, our Ukraine team (in the photo below), and all of us at Care in Action, for every donation that made this possible.



# Dear friends of Care in Action,



2020 brought unique challenges to all of us, and thanks to you we have been able to adapt and bring solutions for the problems of school closures and loss of income to some of the poorest children and families. As we present how we have used education and partnerships to create a world where more previously disadvantaged young people succeed in life, we hope that you, too, will be proud of what has been achieved.

With training events limited, we focused on giving individuals the tools they need for education, like laptops, study books and online tutoring. This made a massive difference to the daily lives of large foster families and families in poverty who were not able to leave their houses, and improved the children's ability to learn and gain IT skills. The World Bank reports that improved grades can increase lifetime earnings by 8%, so we know that reducing the learning losses during the pandemic can have a lasting, positive impact for every child we have helped.

Another major step forward was the introduction of University Sponsorship in Malawi, with 5 young people starting in the first year. Seeing an orphaned girl leave a poor township to study nursing is a truly rewarding transformation (see page 23). From my 15 years in Malawi I know just how big a journey this is and how much this means to each student we have sponsored. We continue to support education in Malawi by funding services at two trusted community-based organisations, and ensured that children had food at home when the school meals they rely on were suspended.

Sadly, the pandemic left many families without food on the table. 30% of Ukraine's workforce is informal and few have savings or a social safety net to rely on. People lost jobs, couldn't travel abroad for manual labour, and public transport was suspended. We distributed food supplies to 150 of the poorest families, working in partnership and raising local support to help as many people as possible. (page 10)

Over 6,000 children in our region were affected when state care homes were closed due to Covid-19 and we knew we had to respond. Children were sent to live with relatives who didn't have the means to support them and many were hungry. 1.5% of Ukrainian children grow up in institutional care. Our media campaign showed the public the hardships these children were experiencing, and as a result Social Services was lobbied to respond and more people joined our relief efforts.

A positive outcome of the pandemic is that we could support an increased number of foster families than in previous years. We did this by providing online therapist-led support groups, live webinars, and distributing our Parenting in Action expert journal to carers in 22 of the 24 regions of Ukraine. 144 carers in 7 regions completed our Providing a Secure Base training course so they now have the skills to provide therapeutic care to children.

We are proud that children from two families could be reunited with their siblings and return from institutions to their mother's care. A lot of time went into counselling, assessing and organising home repairs but we know it is worthwhile when we see the children having the love and security of a family. (page 15)

All of this builds towards our vision of seeing more young people be free from poverty, have equal opportunities and be positively included in society. This was the mission of Werner Lehnis, who founded Care in Action in 1998 with his wife, Janice, and devoted his life to making the world a better place. We celebrate the milestones achieved with his leadership as he passes on the role of Executive Director. (pages 12 - 14)

To every one of our supporters, and our committed team of staff and volunteers who help to make this work possible, we say thank you.

Jasmine Lehnis-Leitao

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Executive Director, Care in Action

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# 1. Introduction

Care in Action e.V. is a non-profit charitable organisation, registered in Munich, Germany, that exists to improve the lives and opportunities of vulnerable children.

After discovering the significant need for orphan care in Ukraine, co-founders Werner and Janice Lehnis organised humanitarian aid projects. Familiar with the effects of poverty and corruption – after working in India and Nepal – the extreme lacks and inhumane practices they witnessed were still heart-breaking; leading to the founding of Care in Action and the launch of projects that have embraced thousands of orphans.

To create sustained change, Care in Action began working with state services and the active, educated youth of Ukraine. By 2011 Care in Action set up local sister organisation 'Turbota v Dii" in Ukraine, which today is a respected name in the field of professional care.

In 2010 Care in Action started expanding their reach to support AIDS orphans in Malawi, led by the Founders' daughter – and now Executive Director – Jasmine Lehnis-Leitao.

# 1.1 Our Vision, Mission and Approach



### **Vision**

Our vision is to ensure the most vulnerable children receive the support they need to improve their wellbeing, develop their potential and succeed at leading a self-determined, independent life.

### Mission

We've made it our mission to provide children in care with the people, services and opportunities that will strengthen, empower and prepare them to better their circumstances.

# **Approach**

Our objectives are to help vulnerable children overcome trauma, get the knowledge and skills they need to thrive, and enable them to positively integrate into society. We believe by doing this, we are providing the children we support – in both Ukraine and Malawi – with the best chance to lead a self-reliant adult life.

To meet our objectives and better the lives and opportunities of vulnerable children, we put the child at the centre of everything we do. Our strategy is to develop the child, support the carer and partner for impact.

We take a holistic approach that directly helps the individual child and improves their environment. By partnering with others, we're able to make a greater, more sustainable difference.

# 1.2 Scope of The Report

Scope	This annual report covers activities carried out by Care in Action and results achieved in 2020.
Reporting period and cycle	Reporting period is the calendar year 2020, January 1 <sup>st</sup> to December 31 <sup>st</sup>
Application of SRS	This is the fifth time Care in Action follows the guidelines of the Social Reporting Standard (SRS). The report is based on the SRS version 2014.  The SRS is published by the Social Reporting Initiative (SRI) e.V. Association under the Creative Commons license BY- ND 3.0
Contact partner	Jasmine Lehnis-Leitao, Executive Director, info@care-in-action.org

# 2. The Social Problem and the Solution

# 2.1 The Social Problem

"Emerging evidence from some of Europe's highest-income countries indicate that **the pandemic is giving rise to learning losses and increases in inequality**. These outcomes are likely to be even more acute in middle- and lower-income countries like Ukraine, where there is much less technological capability and a larger share of families live below the poverty line. In the absence of any intervention, the learning losses arising from the COVID-19 pandemic are likely to have a long-term compounding negative effect on many children's future well-being. These learning losses could translate into less access to higher education, lower labor market participation, and lower future earnings." (World Bank, 2019)

- Only 10% of children who have been raised in institutional care in Ukraine will successfully integrate into society. (statistics published by Hope and Homes)
- Children in 'crisis families' are at risk because of factors like disability, poverty, or parental neglect.
- Malawi is one of the ten poorest countries in the world. AIDS has left many children orphaned, exposed to malnutrition and in extreme poverty. Only 35% of children will enrol in secondary school (UNESCO).



"Nearly 1.5% of all children in Ukraine live without the love or protection of a family in some form of residential institution - one of the highest rates of child institutionalisation in the world. These children are deprived of their human rights. Yet we know that 92% of children who are brought up in these institutions in Ukraine actually have parents who may be able to care for them if they have the right support."

Hope and Homes for Children's Country
 Director for Ukraine, Halyna Postoliuk, 2019

The picture shows a boy leaving an institution and being reunited with his mother. Because of Covid-19 she couldn't visit him for a year and he initially found it hard to remember her and adjust. We believe no child should be separated from his mother because of poverty. You can read how we helped to repair the family home so this boy and his two sisters could live with their mother again on page 15.

# 2. The Social Problem and the Solution

# 2.2 Solution Attempts Made to Date



For over 20 years we have worked to meet the needs of orphans and vulnerable children. We focus our efforts on Ukraine and Malawi, achieving sustainable change through local empowerment. Major milestones are shown on page 13, and for a more detailed history, please refer to the page "Who we are" on our website.

# 2.3 Our Solution



# **Develop the Child**

We design and deliver services and programs which strengthen, empower, and prepare children in care to enter the working world and lead a productive, independent life.



# **Support the Carer**

We train and support carers and foster parents so the children they care for are provided the supportive environment they need to flourish.



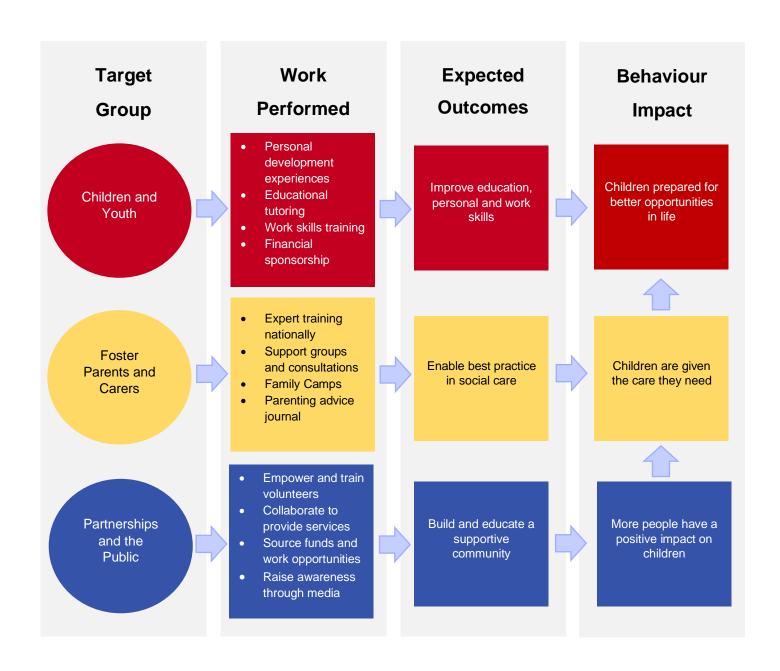
# **Partner for Impact**

We partner and work with the local community, Government bodies and NGOs to raise awareness, provide 'best practice' models and tools of support, and to extend and enhance our reach to those we help.

# 2. The Social Problem and the Solution

# 2.4 Impact Logic

We take a holistic approach that directly helps the individual child and improves their environment. By supporting carers and partnering with others, we're able to make a greater, more sustainable difference.



# 3. Resources, Work Performed and Results 2020

# 3.1 Resources Used

### **Personnel Resources**

Services from our office in Lviv are run by 7 full time staff and supported by 200 volunteers. We employ a network of experts to support training courses, workshops and therapist-led support groups.

Management, fundraising and administration is supported by 2 staff who work part time. In Malawi our projects are run by 3 part-time administrators.

### **Financial Resources**

All of our work is funded by donations from individuals, foundations, churches, firms and Government services. In 2020 Care in Action spent 133,073 Euro to fulfill its mission.



One of the external experts we employ to give training is Ulyana Dolynyak who is the Director of the Center for Pediatric Trauma. In 2020 she led our training workshops on the topics "How to maximise study: the learning styles of children with special needs" and "The fundamental teaching methods for children who have experienced trauma".

# 3. Resources, Work Performed and Results 2020

# 3.2 Project Highlights

### **Online Resources**

Webinars given monthly; Training materials published on our website

### **Food Distribution**

374 families given a month of food supplies;76,640 people saw our social media campaign resulting in more support for children

### Malawi

5,280 meals with preschool education;75 school children given learning support

### **Guardian Angel**

40 mentors qualified;45 children given essential school supplies

2020

### **Sponsorship**

60 educational sponsorships;5 Malawian students fully sponsored in university

### **Care 4 Carers**

144 carers in 7 regions qualified in "Providing a Secure Base"; 42 expert training or support sessions

### **Education**

**97** children improved education and IT skills with laptops provided

# Parenting in Action - expert journal for foster parents



надрукованих журналів



7

Experts contributed articles or advice

експертів написали статю чи дали пораду



22

Regions where carers received copies

області, де прийомні батьки та батьки-вихователіотримали примірники



32

Organisations helped with distribution



# Food Distribution - Adapting to help families in crisis



The COVID-19 pandemic has influenced our usual activities as well as the needs of vulnerable children and families. After quarantine restrictions were imposed in March many parents lost their jobs, schools closed, and children living in institutions were sent to relatives with no further support. This made it even more difficult for low-income children and families to cope and they were desperate, so our team and budgets adapted to respond with food relief. Distribution visits from April to December gave our team and volunteers a deeper insight into the background of children who live in care and connected new beneficiaries with our ongoing programmes to support education and sustainable improvements.

Community support was mobilised through media interviews and fundraising; 76,640 people saw our social media appeal about the problems children faced when they returned from care institutions to their relatives. Many donations were received and more people were ready to help.

We cooperated with 11 Social Services and NGOs to identify and support the poorest families.

To provide long-term solutions we are identifying which families could by helped by other organisations and our ongoing programmes.





"After quarantine started my husband lost his job. We have four children and I do not work. It is a horrible time, sometimes we don't even have a piece of bread on the table. Thank you for your help. We live on the top of a mountain and the road is very bad and dangerous, but still you came and gave us so much." -Mother in Boryslav

### Laptops - giving access to education and IT skills

Fast adaptation to a digital way of life helped people around the world to continue with work and study during the global Covid-19 crisis. Yet this was more difficult or even impossible for the most disadvantaged people without outside support. Therefore, we decided to support the education of children and youth from crisis and foster families by providing them with a laptop or computer: 13 laptops, 3 PCs and 1 tablet were given to 16 families. Some devices were purchased with donor funds, while others were donated in Ukraine. The devices have been used by **97 children and their parents**.

The beneficiaries responded to help us assess the impact of the digital devices after 6 months of use:

- 100% of families reported a large improvement to children's study when schools were closed
- When asked how much **children improved IT skills** as a result of the device, the rating was **4.6 out of 5**.
- Users **improved these IT skills:** Word, Excel, Google Forms, Zoom, Skype, online search, Google Classroom, touch typing, e-mail, photo editing and graphics.
- Children and youth from **11 families used the devices for online tutoring**, which enabled our trained volunteers to support their learning in subjects such as English, Ukrainian and Maths.
- We received dozens of thank-you messages from families and learned that providing a device is a great way to support education for diligent students or families with school-age children who can't afford one.



"This laptop had a very positive impact on my studying and life. Now I have my personal laptop and I can study and do university projects anytime I need to and don't have to ask my mum to lend me hers, which isn't very convenient as she needs it for her work." - Albina, 19, studies law (Albina also received a camera so she can earn as a photographer)

"Our children are studying better than before and their teachers started to praise them. Our children have contact with school whenever it is needed. They do their homework. Some of them got interested in Photoshop. Thank you so much!" - Foster parents Mykhailo & Iryna





"We are very happy to have received the laptop! We can use it not only for studying but also for having fun leisure time altogether!" - Rozlutski foster family

"My older children use it to prepare for their entrance exams." - Chernovi foster family

### **Celebrating Werner Lehnis' time as Director**

Werner Lehnis was Executive Director of Care in Action from 1998, when he and his wife Janice founded the organisation, until 2020. As he retires for health reasons we celebrate the many milestones Werner and Janice achieved, and show how the organisation has grown and developed under Werner's leadership. Werner continues to contribute to the development of Care in Action as a member of the Management Board.

When Werner and Janice encountered the extreme poverty of care institutions in Eastern Europe in 1995, they began raising awareness and collecting aid and financial contributions in England and Germany. Communism no longer ruled the countries, but desperate poverty meant that the marginalised suffered the most. They saw large centers for the disabled with no wheelchairs, care homes with over 100 children and no indoor toilets or running water, and children in the villages with no shoes during the freezing winters. This drove their initiatives to relieve poverty in the remote villages and improve the living conditions in care institutions and hospitals.







In the following 25 years the context and the response evolved to focus on empowering the local community, developing potential for self-help and promoting family forms of care. Janice continues to help to run Care in Action and manages the STEP Life Skills programme.

From the personal touch of trekking through the snow to a remote village so a young man who lived on the ground could have his first wheelchair, to the national influence of family forms of care in Ukraine, and the hundreds of individuals who have been inspired to volunteer or provide support, many thousands of lives have been touched.

We would like to recognise and thank Werner for a lifetime of committed and passionate work to give people a better chance in life. We will continue in this mission.



The 2018 General Meeting of Care in Action hosted by Horst: (L to R) includes founding members Josef Lierzer, Werner and Janice Lehnis and Lydia Bauer; members Olha Danylevych, Silvia Lehnis and Dr Horst Goss; and Maria Boiko (Director of Turbota v Dii, 2<sup>nd</sup> from left)

Key m	ilestones during the Directorship of Werner Lehnis
1994	12 children's homes and 2 refugee camps in Slovakia were supported with large quantities of humanitarian aid, collected from Germany, England, Austria and Switzerland. Child development programmes for orphaned teenagers were initiated.
1996	Werner & Janice founded UK charity "Hand in Hand". First fact finding mission to Ukraine by Werner.
1997	Large aid collections organised in Germany and personally transported and distributed with the local team in hospitals, care institutions and to the poorest families in 46 remote villages of Western Ukraine over the following years. Ongoing TOGETHER Child Development Programmes with international and local volunteers.
1998	"Care in Action" founded in Munich, Germany.
1999	Family Lehnis raised awareness and developed the support base in southern Germany.
2000	First renovation projects in children's homes which were in terrible, even inhumane condition. Built toilets, bathrooms, sewage systems, playgrounds, installed running water, fixed roofs and whole buildings, renovated and furnished bedrooms, classrooms and kitchens. Renovation projects continued until 2009.
2002	Janice began teacher training workshops in the L'viv area.
2004	Care in Action support for early child development began in Malawi under Jasmine's initiative.
2005	Montenegro, Albania: 7 large aid transports were distributed in refugee camps and care institutions, a school for Roma children was supported with funds and computers. Local youth volunteer programme started.
2006 - 2009	Focus shifted back to Ukraine and Malawi, due to the low levels of response in Albania & Montenegro. Began a local Volunteer programme in Ukraine, with active recruitment and training for sustainable community support. Implemented regular TOGETHER Child Development Programmes in 45+ institutions. Major children's homes renovation projects completed and 3 hospitals were supplied with furniture & equipment.
2010	To improve orphan care, Orphanage Director's Conferences and training were organised, promoting deinstitutionalization and family style models of care. Facilitated international experience exchange visits for orphanage directors. Regular training for care staff and crisis families began.
2011	<b>Founded Ukrainian sister-organisation "Turbota v Dii".</b> STEP Life Skills programme introduced for teenagers in care homes to prepare them for independent living, developed by Janice and team. Yearly international experience exchanges were organised for volunteers and staff in Slovakia and Germany.
2012	Humanitarian aid ended: over 110.000 Kg essential supplies had been collected, transported and distributed in 46+ villages, and in 44 children's homes, centers for the disabled and hospitals. Individual support helped many children stay with their families. Playgrounds were built in children's homes in Ukraine and Malawi.
2013	Care 4 Carers programme began, providing training and support for foster parents and family-type orphanages; Guardian Angel programme started to provide mentors and tutors to disadvantaged children.
2015	Sponsorship programme founded to provide special educational needs and welfare for orphans and disadvantaged children, as well as the first highly valued annual "Family Camps" for foster-type families.
2016	Social worker training and practical internships introduced in universities to influence future generations. The Parenting in Action professional advice journal was created for Ukraine by Werner and Janice.
2017	"Providing a Secure Base" therapeutic care concepts introduced to Lviv region by Janice and Dr Mary Beek.
2018	Joined the De-Institutionalisation Network. Partnership formed with a specialist training NGO in Kiev to develop the nation-wide introduction of "Providing a Secure Base" to care professionals and foster parents.
2019	A complete training course in "Providing a Secure Base" created, with 17 trainers qualified to provide training in therapeutic parenting techniques across Ukraine.







(Left) Work in Eastern Europe began with substantial support for 12 homes for children and the disabled and 2 refugee camps in Slovakia. (Right) In Ukraine, Turka was one of the institutions where conditions were extensively transformed through renovations, as before we took action 100 boys had used a single bathroom with no running water.







(Left) Werner, Janice and team often went the extra mile to reach families in desperate need. (Right) Building a strong Ukrainian team and getting volunteers involved was a particularly rewarding experience for Werner and Janice. Not only did it strengthen the sustainability of Care in Action and our sister-organisation Turbota v Dii, but it also exponentially multiplied the number of people who can help children in need. Over 600 Ukrainians have volunteered with us.





(Left) Werner and Janice's personal experiences of listening to the plight of foster parents who help children overcome trauma, and of seeing the challenges children face when growing up in questionable institutional care, have motivated them to endorse the ethos "to help children, help their parents." (Right) Werner, Janice and Maria Boiko with Dr. Mary Beek, introducing the best practice care model "Providing a Secure Base" to Ukraine. Training and supporting foster parents once the worst effects of poverty are relieved has become a priority for Care in Action.

Many lives have been changed for the better because of the vision, commitment and work of Werner and Janice Lehnis; their legacy will continue to inspire Care in Action.

# Helping children return to their mother



These three siblings are so happy to be reunited and living with their mother, after returning from institutional children's homes. Their family home was poor, and their mother, who we'll call Mila, couldn't afford to fix the old wood-fired heater or lay flooring in the children's bedroom, so the children were taken away.

Mila wanted to care for her children at home, so after careful consultation we decided to help. A lot of time was needed to consult with Social Services, people in the community and to advise Mila.

A crew of volunteers were organised to help with the work needed in the remote Carpathian village. It wasn't easy to find a specialist who could fix the old wood stove.

When the children returned it took them time to adjust. Especially because Covid had made it almost impossible for Mila to visit them at the children's institutions. Sadly some developmental milestones had been lost, and the children had to re-learn some basic self-care skills and behaviours. It is widely accepted in social research that institutional care can limit children's healthy development. A volunteer in the village will help Mila, while supervised and supported by LEF as part of their "Good Neighbour" programme.

Seeing the children happy and having the security of growing up within a loving family makes all our efforts worthwhile.



Volunteer Taras (centre) and the wood-fired heater



The sisters were happy to be home for Christmas

# 3.4 Organisational Improvement

### Germany

- Programmes effectively managed to ensure efficient and sustainable assistance for self-help in Ukraine and Malawi, including regular communications, report systems and a monitoring visit to Ukraine
- Publicity in Starnberg was generated through newspaper articles which supported Dr Linda Rohrbasser's ski challenge which raised an amazing €4,700 for Care in Action
- Fundraising supported through email news which was created to keep donors updated more regularly as well as a successful Christmas match-funding appeal
- The Management Board is actively involved to support Jasmine Lehnis-Leitao's transition to Executive Director
- An expert consultant helped us define our 3-year goals and align with the UN's Sustainable Development Goals

### **Ukraine**

- Programmes were adapted to effectively meet essential needs and support education throughout the pandemic
- A Director was recruited and inducted to support continuous improvement of our programmes and increase independent funding for our sister-organisation Turbota v Dii
- Support for family forms of care increased: our Parenting in Action expert journal now reaches 22 of the 24 Regions of Ukraine, demand is increasing for our Providing a Secure Base training course, and partnerships have been created with Social Service offices in new regions
- Successfully assisted children from two families to leave institutional care and return to their mothers
- Made expert resources for foster parenting, volunteer work and youth support available online

### Malawi

- New University Sponsorship programme launches with 5 students sponsored in the first year
- Two partnerships with community-based-organisations continue to increase educational support and care for children



two friends raced across 100km in arctic conditions while pulling a 40kg sled, aspiring to be the first British women's team to complete the Asnes Expedition Amundsen. To potential sponsors Linda said "Your support of Care in Action will help motivate me through the bitter cold and harsh weather we are likely to face during this expedition. Thanks for giving."

Dr Linda Rohrbasser and

# 3.5 Project Overview



In this section we report the impact of each of our programmes. This page shows the key outcomes and how they all fit together in a holistic approach. We directly help the individual child and improve their environment, and by partnering with others we're able to make a greater, more sustainable difference.

# We Develop the Child

We strengthen and empower vulnerable children, so they become resilient and independent ... and we give them the knowledge and skills to prepare them to lead successful and productive lives.



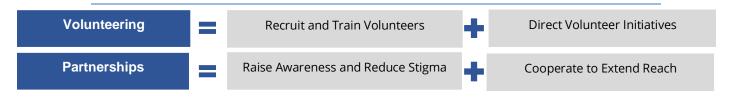
# We Support the Carer

We know our carers, foster parents, social workers and FSOs need care and support too ... as well as the best resources and training so they can provide the right environment for the children they nurture.

Care 4 Carers — Care and Support Best Practice Resource and Training

# We Partner for Impact

We work to increase societal support for vulnerable children ... and help improve national care standards and mobilise opportunities to support children.



## **STEP**

The STEP team invested their time in our Food Distribution initiative, and adapted services to connect with young people online to support their education and wellbeing during the strict quarantine. They ensured that vulnerable youth received food parcels, school supplies and individual support. Work progressed on a new online platform which will provide vulnerable youth with the information and support networks they need to successfully transition to independent living.



Objective

To equip vulnerable teenagers with the personal and technical skills they need to thrive in the working world and independent life.

**Highlights** 

- **44 workshops with teenagers** covered important topics such as safety on the internet, how to protect yourself from the Covid-19 virus, and mental health protection.
- Design work for digital platform for Care Leavers to provide information and networks: 70 care leavers took part in a survey about their needs, which formed the basis for project design. Content was developed to inform and inspire youth in crisis, along with a network of organisations who can offer their services via our platform.
- Personal support for 9 teenagers: Anzhela received a laptop needed for her studies; Davyd
  (in the photo) an IT course, 7 teenagers who had just left their orphanage and were
  struggling to have enough to eat received food.
- Influencing social care: 11 Social work students from 2 L'viv Universities had training and internships with the STEP team; Resources for teaching Life Skills were made available online.



"I'm always happy to see you all on these Zoom meetings. I wait for the time we can finally meet." – Viktoria

"I never thought about danger on the internet. I knew that there are some fraudsters who can steal your money, but never thought that cyberbullying can be so serious. Now I know what to do and who to call if something happens to me or my friends." – Volodia

Key Performance Indicators	Participating care institutions	Coaching/ interventions	Job orientation events	Training events	Additional support hours	Sessions with external experts
Total 2020	15	655	2	44	142	11
Total 2019	37	2085	16	105	162	23

Managed by: Mary Antoniv, Janice Lehnis, Hennadiy Melnychuk

# **STEP**

### Davyd prepares for an IT career

Davyd goes to college and dreams of becoming an IT specialist. He and his three brothers live with their mother; two of the boys have chronic health problems so need a lot of her care. Their mother works hard to provide the family's basic needs, so she couldn't afford to support Davyd's interest in in IT.

Davyd and his younger brother Yaroslav always join our Teens in Action club meetings. Over the last two years we have seen how Davyd has grown in confidence and gained skills from our camps, workshops and excursions. We are proud to report that he is Deputy Leader of the club and is a very active volunteer.

The STEP team looked at the needs of the young people they work with and decided to pay for an IT course and English lessons for Davyd. He was so thankful to receive



this support, which he didn't think would be possible. In Lviv IT specialists who speak English can earn a very good salary so this is a chance for him to have decent work and better opportunities for the future.

### From care to independence



We gave Nastia a sewing machine, materials and help with advertising to start her small sewing business. We first met Nastia 9 years ago, when she was living in an orphanage. As a young child, she was abandoned by her alcoholic mother and her father went to prison for robbery. At the orphanage, Nastia participated in our STEP programmes including Job Orientation which led to her decision to learn tailoring after leaving

the orphanage at 15. Our partner textile firm gave her paid a apprenticeship and with our mentorship and guidance she did well. Unfortunately she couldn't complete her final semester: she became pregnant and moved to a social dormitory for mothers in crisis.

After some time the State provided her accommodation in L'viv where she now lives with the father of her two children. Nastia does all she can to be a good mother. The STEP team keeps in regular contact and supported her children with basic supplies when they struggled to make ends meet during the Covid lockdown. She is thankful for our help to set her up with a business to supplement her income.

# **TOGETHER**

Our efforts were mostly diverted to food distribution during quarantine, though we organised special activities for children from families in crisis when lockdown eased. After a few months of no school or support from crisis centres the children were eager to join in with art, drama and fairy-tale therapy. Children who are usually in institutional care were very happy to recognise our volunteers. A medical volunteer answered their questions about Covid and taught them to stay safe. Instructions for child development activities were prepared and added to our online resources to assist volunteers.



**Objective** 

To give opportunities for personal development to children in residential care so they develop their interests and have skills for a better future.

**Highlights** 

- **16 Together child development programmes** for crisis families and crisis centers: these were enriched with fairy-tale therapy, discussion on the topics of gratitude and moral values, forum theatre, team building exercises, quests and crafts.
- **Identified educational needs** to be met via Guardian Angel and Sponsorship programmes through spending time with the children
- Team leaders meeting: planning and a master class with psychologist Petrushkevych



At the first programme in the crisis centre after a long break children were very enthusiastic about participating, and their behaviour showed how much they need our support. We will continue to work with the children because we have seen that they need our communication, support, care and help with integration into society." – Khrystia Maksymenko, new team leader



"With each programme we see children become more open and engaged, they always ask us when we will come again. As they talk about themselves we learn about their needs and how we can help them. Children tell us how they help to look after the elder members of the household or sing in a choir. When we see that they trust us we are motivated to volunteer more often to help children." - Iryna Nesterchuk, team leader

Key Performance Indicators	Child Development Programmes	Children's participations	Programme hours	Volunteer hours	
Total 2020	16	223	112	70	
Total 2019	63	1933	441	2205	
Managed by: Khrystia Katola					

# **Guardian Angel**

Though the quarantine reduced the number of children we could mentor and tutor, we provided laptops which enabled online tutoring and improved education. For the first time, we supplied school materials to 45 children in very poor families so they had the books needed for their study. Having school bags and appropriate shoes helped the children feel equal to others in their class and meant a lot to their parents. New mentors have been trained so we can increase the number of children we help next year



Objective

To support a vulnerable child's personal and educational development through individual mentoring and tutoring to help prepare them for independent living.

**Highlights** 

- 40 people were trained as mentors with 28 progressing towards full certification
- 4 children living in institutions started with new mentors
- 45 children from crisis families received essential school supplies
- Two students passed exams to enter a higher level of education with our support: One girl who is an orphan living in a dormitory provided by nuns had tutoring in Ukrainian, History and Mathematics, which helped her get into a higher level tailoring course. The second student qualified to study Psychology at the Polytechnic with help from our tutors.



"Thank you very much for helping us with the school supplies. Now my four children have backpacks when they used to go to school with plastic shopping bags. Now they feel equal to the other children."

- Mother from a crisis family

Managed by: Natalya Krushelnytska



"One of the children we help was relocated so many times over the last six years that she was mentored. Fortunately, her mentor could be a person who remained stable in her life, who knew her, listened to her and helped her not to despair. Her mentor showed that it is possible to have trusting and secure relationships." - Natalya Krushelnytska

Key Performance Indicators	Mentors	Tutors	Children served	Volunteer hours	Training sessions	People trained
2020	10	27	40	512	8	54
2019	12	43	65	1126	10	60

# **Sponsorship**

Our sponsors supported 60 children through the year, helping us improve their education, make sure their basic needs were met, and communicate regularly to encourage progress. This was especially appreciated during the quarantine phase of the pandemic. In 2020 we began a new Education Fund to support higher education, with larger grants for 2 students in Ukraine and 5 students in Malawi to support them through college or university.



### Objective

To improve the lives and opportunities of carefully selected vulnerable children through supporting education, vocational training and their own efforts to develop their potential.

### **Highlights**

- 4 children graduated from school and and entered college or university with our support in Ukraine; classes with tutors were conducted online so that children could prepare for exams
- 5 students in Malawi sponsored to start university
- University costs sponsored for a law student in Ukraine, who lost her home in the conflict
- 2 sponsored students received new laptops to help them study
- Support during school closures included study books, laptops (Ukraine) and radios (Malawi)



Oleksiy Kudovba was invited to perform at the prestigious Lviv Opera House. "I am finishing my second year of college and English tutoring helps me a lot with foreign language course work." His brother Lubomyr now has a good job as a German tutor, which their mother says is thanks to our sponsorship. After we sponsored German lessons Lubomyr spent a year in Germany gaining experience and is now back in Ukraine.



Julia Ruda lived in a children's home before moving on to study. When in college, sponsors for tutoring helped her improve her grades so she could pass the entrance exams for university and move up to study architectural design. With a higher qualification Julia will have much better chances of earning a higher wage throughout her lifetime. Julia was proud to be selected to display her art as part of a university exhibition.

Key Performance Indicators	Children in Malawi	Children in Ukraine	Total Children sponsored	Participation in other CA services	Number of Sponsors
2020	24	34	60*	38	24
2019	34	38	72	28	25

Managed by: Bohdana Luhova, Jasmine Lehnis-Leitao

\*The total children helped is higher in 2019 because there were new children who joined after others graduated

# **Sponsorship**

### Introducing 5 university sponsorships in Malawi: Promise is studying to be a nurse

"My name is Promise Matope, I'm 19 and come from Blantyre. In our family we are three, one boy and two girls and I am the youngest. Our mother passed away when I was three years old. I was raised by my aunt and grew up with her five children. My aunt also supports relatives in her home village, though she has a small income from selling tomatoes and vegetables.

"I started receiving sponsorship from Care in Action when I couldn't pay the fees in the first year of secondary school. What I always enjoy in school is group discussions with my friends. Outside school I enjoy listening to music and used to play with dolls.



Promise (right) and friend at the College of Medicine

"I am now studying Child Health Nursing at the Kamuzu College of Nursing which is under the University of Malawi. I chose this course because I really like children so I'll enjoy being able to help them. Being at university is not easy because here we are taken as grown-ups so a lot of work is done by ourselves. I am most excited about the practicals we are doing here since we actually give people a better quality of life.

"My message to my donors is that I appreciate everything they have done. Without their help I couldn't have managed to go to school, much less university, so may God continue blessing them so they can also help others who are in need."





We were happy that Snezhana could visit Bohdana in our office (picture on the left). Snezhana was living in a children's home when we began sponsoring a tutor for her. We are happy to say that she now has a foster mother.

It wasn't an easy transition, as her new mother needed to learn how to cope with Snezhana's personal difficulties, but our team offered support and we are pleased that Snezhana now has help for her education within a stable family.

# **Care for Carers**

By setting up online support groups and webinars we have connected with more foster parents than in 2019, giving expert advice, training and support through a challenging year. Our budget for Family Camps was reallocated for Providing a Secure Base training, an additional 2,000 copies of our Parenting in Action journal to meet increased demand, and laptops for foster families so that children could study at home and improve IT skills.





144 foster parents and social workers completed the 2-day training in Providing a Secure Base, despite the challenges around physical meetings. The participants rated the relevance, applicability and helpfulness of the content at 9.8 out of 10. The content was totally new to 70% of them, even though it includes the essential Attachment Theory. An online presentation introducing the course was joined by a Presidential Advisor, social services and NGOs from around the country, increasing the demand for next year and requesting that it can be hosted online.

### Objective

To train and support carers, foster parents and social workers, so the children they open their homes and hearts to are provided the supportive relationships and environment they need to flourish

### **Highlights**

- **7 Providing a Secure Base regional training courses** delivered in in Kyiv, Lviv, Uzhgorod, Kherson, Chernivtsi & Odesa for 18 social workers and 126 foster parents
- **5**<sup>th</sup> **edition of Parenting in Action expert journal produced**, with 32 partnering organisations helping with distribution in 22 regions of Ukraine
- 20 Therapist-led Support Group meetings for foster parents
- 2 professional workshops and 3 webinars for carers, teachers and foster parents
- Online resources: expert parenting advice and resources made available on our website
- **Families in crisis supported:** besides food relief, we helped to repair a family's house so now 3 children can live with their mother and siblings instead of in children's homes

Key Performance Indicators	Caregiver's Participations	Family Camps	Training and support groups	Parenting journal	Secure Base: carers certified
2020	483	0	42	6000 copies	144
2019	253	2	20	4000 copies	336
Managed by: Iryna Shemechko					

# **Care for Carers**

# SATISTICS OF ALL CONTROL OF ALL CONT

### Our Parenting in Action journal - 2020

Журнал "Батьківство в Дії" в цифрах



### 6000

Journals printed for carers



7

Experts contributed articles or advice експертів написали статю чи дали пораду



22

Regions where carers received copies області, де прийомні батьки та батьки-вихователіотримали примірники



32

Organisations helped with distribution

партнерських організацій, що допомогли з розповсюдженням журналу



"NGO "Zakarpattia Without Orphans" expresses its deep thankfulness to Care in Action for the "Parenting in Action" journals. We've been cooperating since a few years and our foster parents always ask us "When does a new edition of that interesting journal come out?"

"The information provided is always up-to-date and it answers many questions foster parents have in the course of raising up children. And the introduction from the Care in Action founders Werner and Janice is like a personal letter for each and every reader and it feels as if you are communicating with the dearest friends. Many thanks to everyone who shares his or her experience, examples and new ideas!"





"We Social Workers are thankful to Care in Action for the interesting Providing a Secure Base training course. We always need to learn new approaches to supporting foster families. This course is very useful as it includes practical exercises, real life examples and personal experiences supported by theory. We wish you success in this honourable mission!"

"I am so glad the Support Group could meet today. It's difficult for me and the children to be isolated. Our online communication with other parents and the therapist makes my life in quarantine easier and gives me resources to be a good foster mother."

# **Volunteers**

We used volunteer experience exchange funding to supply food relief delivered by volunteers, who then helped to raise local donations and services to reach even more families. In this way volunteers learned more about the needs of families living in poverty and how the pandemic affected them. When quarantine was relaxed, volunteers enthusiastically resumed with leading educational activities for children who need our support and care. We look forward to involving more volunteers when restrictions ease.



Objective

Empower people to make a positive social impact by giving training and opportunities to improve the lives of vulnerable children.

### **Highlights**

- 13 food distribution events for 100 families supported by volunteers
- Resources published on our website: best practice advice on volunteering and lesson plans
- **5 Volunteer training sessions:** workshop by specialists, internships for future social workers, training for students from Ukrainian Catholic University, and online team building
- **3 Volunteer trainings with LEF** as part of the "True Action" project for participants from Lviv, Drohobych and Herson; one training was held online
- 1 camp and 2 motivational events to provide training and encourage active involvement



"Many training participants tell us that they are learning about the development of children in care institutions for the first time, and that the new skills will be useful for their personal lives and their own children. Anna Reshetnyk, a social expert from LEF, says we are the only organisation in the region who can give training for how to help children in care in the right way so they can succeed in life." – Khrystia Katola

"In training we learn to understand children from care institutions and crisis families. Very often we make assumptions about people, but we need to accept and help them become who they can be." – Orest Dubenyuk, volunteer

	Key Performance Indicators	Training sessions	Volunteer events	Experience exchanges	New volunteers	Most Active volunteers	Total volunteers
<b>2020</b> 9 17 - 8 160 574	2020	9	17	-	8	160	574
<b>2019</b> 13 8 3 55 160 390	2019	13	8	3	55	160	390

Managed by: Khrystia Katola and Natalya Krushelnytska

# **Partnerships**

Although we didn't have the media appearances from our regular events, we increased our local funding and partnerships. We successfully mobilised support to help families during the pandemic, and media interviews raised awareness about the problems children faced. National publicity was generated for our Care 4 Carers services. Our local organisation, Turbota v Dii, is stronger with new members and links with Social Services in almost all regions of Ukraine.



### **Objective**

Develop partnerships and raise public awareness to improve services in social care, mobilise community support and improve opportunities for children

### **Highlights**

- Successful fundraising campaign within the local community, including a social media appeal with 76,640 views, resulted in large quantities of food supplies for emergency distribution, donated laptops and other support for families at risk
- 3 grant applications approved from LEF's Ginger Fund and Lviv City State Administration
- Cooperation with Ukrainian Catholic University and Ivan Franko Lviv University: training their students to work with vulnerable youth and providing supervised practical experience
- Turbota v Dii has new members: a company director, former children's home director, a foster parent, a business specialist, a private notary and a foreign NGO management expert
- Established cooperation with 4 Regional Centers of Social Services for Family, Children and Youth in Lviv Region which helped us to support the most needy families in their districts





"It is very hard to find work in the village. Thank you for helping us a second time. I have three children to raise by myself so your support is invaluable." - Father from Grabova village

Key Performance Indicators	Media appearances	Business supporters in Ukraine	NGO partnerships in Ukraine	Social Service partnerships	Attendance at Conferences and Networks
2020	5	41	33	29	7
2019	10	39	29	22	21
Managed by: Maria Boiko					

# Partnerships - Malawi

In this turbulent year we made sure that children still get support for nutrition and education, we increased our services and protected valuable community infrastructure with a foundation wall. The relaunch of our afternoon classes for children from primary school who need learning support was especially well received, with between 50 and 75 children attending.



### Objective

Make life-long improvements to vulnerable children's health and opportunities through support for education, nutrition and wellbeing at community-based organisations.

### Highlights

- 190 preschool children have education supported with books, quality local toys, and clean water
- 75 children from primary school get learning support and meals
- 23 children sponsored through secondary school with Care in Action use our community centres
- 5,280 meals given with preschool education
- Foundation wall built to protect the community building for many years to come
- 224 families received food parcels to help them through the Covid lockdown







"We don't take for granted the support you provide through provision of food and education. The learning support classes for Year 2, 3 and 4 are working hard to achieve their intended goals and enrolment has increased. Through your assistance the school and the learners are excelling in their education.

Special mention should be to the provision of books, pens and other learning materials you provide which push us all to the path of success."

– Mary Gondwe, Head Teacher, Bloomfield DCC

"I would like to thank you for the bright idea to prepare food parcels for our children who are at home because of the Corona virus pandemic. The children came to collect their parcels and were all very happy since some of them didn't have enough food at home. One child said "I will eat nsima" because for the past four days he only had a small cup of porridge each day."

- Fatima Mauluka, Director, GEMO DCC

# 4. Planning and Forecasting

# 4.1 Planning and Targets

### Germany

- Develop new services to support successful independence for vulnerable young people (ages 15 to 25) by creating a digital platform and related services.
- Develop a Sponsorship Fund to give grants to carefully selected individuals for items or courses which will improve their education and long-term ability to support themselves.
- Update our Key Performance Indicators and improve measures for outcomes, including beneficiary ratings of the services they received.
- Involve international volunteers in providing English conversation tutoring to low-income youth in Ukraine
- Source funding to increase our services and project staff

### **Ukraine**

- Make the Providing a Secure Base course in therapeutic parenting skills available in an online format so foster parents in remote locations can be included and training can continue safely during the pandemic
- Enrol more children in Sponsorship to bring long-term improvements to their education and welfare
- Transition away from Food Distribution in a responsible way, ensuring long-term solutions when possible
- Add to the team more Therapy or Social Work expertise and support Continuing Professional Development
- Increase local fundraising

### Malawi

- Introduce training for guardians on Children's Rights and Income Generation
- Protect community infrastructure by replacing the roof and doing repairs on the nursery school building
- Identify 2 new suitable candidates for University Sponsorship



# 4. Planning and Forecasting

# 4.2 Influence Factors - Opportunities and Risks

### **Opportunities**

Though the Covid-19 pandemic brought hardship, it also opened opportunities to provide services digitally, bring sustainable solutions to individuals and connect with new beneficiaries. We have tested new methods of improving education and welfare which can become part of our operations.

With our new digital services, including monthly webinars, training resources available on our website, and the online Providing a Secure Base course, we have the tools to reach a much wider audience. Greater social acceptance of connecting online allows us to provide services in areas that are geographically harder to reach and to fill gaps left by services suspended due to Covid. We are developing new digital tools to help young people at risk.

The influence of our local organisation has also grown through working with Social Services in almost every region of Ukraine and by promoting our Providing a Secure Base training course. Through partnerships and professional services we can continue to increase the number of children and families that we assist.

### **Risks**

The circumstances for lifting people out of poverty and helping them to lead successful, independent lives have become more difficult, due to the learning losses, increases in inequality and downturn in the Ukraine economy caused by the Covid pandemic.

Ukraine has been hard hit, as GDP is predicted to contract by 5%, there are shortages of medical equipment, and the share of informal workers is 30% (many of whom have a weak social safety net). School closures also caused great disruption to learning and risk increasing inequality, as It has long been known that decreases in test scores are associated with future declines in employment. Nevertheless, this strengthens our resolve to support education and recovery for better outcomes in the long-term.

The limitations on visiting donors through an extended pandemic creates risks for our funding which we are working to mitigate.

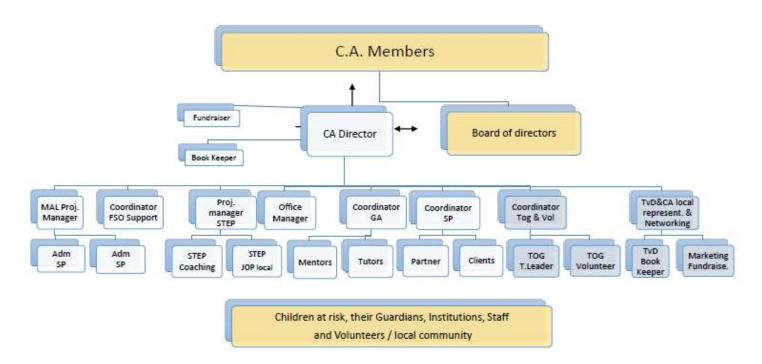
# 4.3 Budget Forecast 2021

All portfolios and projects	EURO
"STEP" Life Skills Programme	24,000
"Together" Child Development	10,200
"Guardian Angel" Mentoring and Tutoring	10,300
"Sponsorship" for quality education	34,000
"Malawi"	18,300
"Care 4 Carers"	26,000
"Volunteering" in Ukraine plus 4 x 1 month experience exchange in Germany	11,200
Turbota v Dij	10,900
Administration	16,300
Marketing	11,100
Total Expense forecast 2021	172,300

# 5. Organisational Structure and Team

# 5.1 Organisational Structure

This graphic shows how the organisation is structured to provide services, link with donors and have good governance. For more information on governance, see section 6.





# 5. Organisational Structure and Team

# 5.2 Introduction of our Participating Individuals



Werner Lehnis - Care in Action Co-founder, Management Board Member

"Perhaps in part it was my own rough childhood experiences which fuelled my idealistic desire for a better world and set me off on a search for a meaningful life. Charity must be put into sensible lasting action, into projects which create sustainable betterment for the socially disadvantaged."



Janice Lehnis - STEP Manager, Care in Action Co-founder, Fundraiser

Developed and led teacher and parenting training programmes for over 20 years before establishing trainings and seminars for orphanage directors, carers and volunteers. Seeing teenagers leave care unequipped for independent life, inspired Janice to establish the STEP Life skills programme.



### Jasmine Lehnis-Leitao - Executive Director

Charity manager and fundraiser, specialising in Business Administration.

"I supported children and communities in Malawi for 14 years, then continued from the UK. Seeing lives and landscapes changed for the better is very rewarding so I'm happy to be part of Care in Action."



### Maria Boiko (nee Putilina) - Turbota v Dii Executive Director

Master of Linguistics, experienced volunteer coach, certified trainer on psychology of trauma "I believe that support and the presence of a caring person in one's life is the secret to each and every smiling child."



### Iryna Shemechko - Head of Turbota v Dii Board, Care 4 Carers Coordinator

Journalist and campaigner with experience in anti-corruption work in the education ministry. "If you want to help children, help their parents. I believe that by supporting our carers, many children can live in happy families."



### Khrystyna Katola- TOGETHER and Volunteer Coordinator

Specialist in information management and administration

"I have worked with children, youth and volunteers for more than 8 years, enriching my experience in Ukraine and abroad. My life credo: If you want to change the world first change yourself."



### Natalya Krushelnytska - Event Manager and Guardian Angel Coordinator

Qualified as a primary school teacher

"I dream that every child can grow up with caring, loving and conscientious parents. I like the words of Bagrianyi, "The brave people always have happiness". Let's have brave goals!"



### Mariya Antoniv - STEP Coordinator

Qualified in Business Economics, and Master of Management of Non-Profit Organisations "The most important thing in my work is the understanding that I am doing something valuable and good for people. I like the call to think globally - act locally."



### Hennadiy Melnychuk -STEP and Event Assistant Coordinator

Former care leaver who began volunteering in 2017, and began working full time in 2019 "After being an orphan and living in care institutions I was lucky to change my mentality into commitment to help others. My motto is: If everyone contributes their part the world will be kinder."



### **Bohdana Luhova - Office Manager, Sponsorship Coordinator**

Master of Management of Non-Profit Organizations with more than 5 years of experience in the public sphere. Prior to joining Care in Action full time, Bohdana was an active volunteer in the STEP program and a Guardian Angel tutor.

# 5. Organisational Structure and Team

# Key members and volunteers

### **Ukraine**



### Maria Budayeva - Turbota v Dii Board Member

Management professional who is a volunteer and team leader since 1999. Specialises in art therapy. "Sharing my heart and sparkles of love with the children from the children's homes also helps me to be a better person and appeals to my soul. It really makes life worth living".



### Yaryna Ponizhay – Turbota v Dii Board Member

Life Coach with extensive experience and training, a certified trainer on psychology of trauma by One Hope NGO (Kyiv) and in the STEP life skills program.



### **Dr Olena Petrushkevych - Consultant Psychologist**

Child psychologist with many years' experience in counselling and workshop facilitation, who is also a fairy tale therapy specialist. Provides expert support across our programmes.



### 12 Team Leaders of the TOGETHER Child Development Program

Experienced and trained volunteers who organise and implement weekly development programs for children in care, helping to lead a team of 100 TOGETHER volunteers. They have participated in training workshops, conferences, and experience exchanges in Ukraine and abroad on the topic of social orphans and children in care.

### Malawi



**Mary Gondwe -** Bloomfield Day Care Centre Head Teacher, Malawi Sponsorship Administrator

Head Teacher who actively engages with the local communities, Social Welfare office and Lujeri Tea Estate to manage BDCC and support education within the community.



**Fatima Mauluka (Malawi) -** GEMO Day Care Centre Director, Blantyre Sponsorship Administrator Active community leader who is also Secretary for COMSIP Microfinance Network, a Village Development Committee member, and Treasurer for the Federation of Women in Naotcha.

# Germany



### Josef Lierzer - Management Board

Engineer, now retired from a career in planning and construction management for insurance and automotive companies. A founding Member and Treasurer for Care in Action who has regularly volunteered many hours since 1998 to support the effective management of Care in Action.



### **Dr Horst Goss - Management Board**

With 20 years of leadership experience in investment / asset management, Horst is also very active in the non-profit sector, as Co-founder of the social venture capital provider BonVenture as well as Member of the Board of the Max Planck Foundation.

# 5.3 Partnerships

### **Key Partnerships**

- Care in Action eV Germany with Turbota v Dii, Ukrainian sister NGO
- 2. Slovakia: "Usmev ako dar" NGO
- University of East Anglia, Centre for Research on Children and Families, UK
- 4. Chaucer Group London, UK
- 5. NGO "Nectarus", Lithuania
- 6. KiTa Kinderbruecke, Marktredwitz, Germany
- 7. Evangelischer Kinderhort, Marktredwitz, Germany
- 8. Marktredwitz Evangelische Kirche, Germany

- 9. Lichtblick Haselsberg, München, Germany
- 10. Starnberg Fellowship, Germany
- 11. IWL Machtelfing, Germany
- 12. Community "Ukrainians in Karlsruhe", Germany
- 13. Rotary Club "Lviv Kniazyi", Lviv, Ukraine
- 14. SoftServe, Lviv, Ukraine
- 15. Ukraine Charity, London, UK
- Bloomfield Day Care Centre, Lujeri Estate, Mulanje, Malawi
- 17. GEMO Day Care Centre, Chichiri, Blantyre, Malawi

### **Ukraine: Government Institutions**

- National Ombudsman of children's rights, Mr Mykola Kuleba
- 2. Lviv Regional- and Lviv City- Social Services for Family, Children and Youth
- 3. Lviv Regional- and Lviv City- State Administration Departments for Children Affairs
- 4. Ivano-Frankivs'k Regional Centre of Social Services for Family, Children and Youth
- 5. Syhivs'k Department of Social Security
- 6. Lychakivs'k Department of Social Assistance at Home
- 7. Kam'ianka-Busk Regional Center of Social Services for Family, Children and Youth
- Busk Regional Center of Social Services for Family, Children and Youth
- 9. Zolochiv Regional Center of Social Services for Family, Children and Youth
- 10. Drogobych Regional Center of Social Services for Family, Children and Youth
- 11. Ternopil' Regional Center of Social Services for Family, Children and Youth
- 12. Chernivtsi Regional Center of Social Services for Family, Children and Youth
- 13. Kharkiv Regional Center of Social Services for Family, Children and Youth
- 14. Rivne Regional Center of Social Services for Family, Children and Youth

- 15. Kirovograd Regional Center of Social Services for Family, Children and Youth
- 16. Donetsk Regional Center of Social Services for Family, Children and Youth
- 17. Sumy Regional Center of Social Services for Family, Children and Youth
- 18. Dnipropetrovsk Regional Center of Social Services for Family, Children and Youth
- 19. Cherkasy Regional Center of Social Services for Family, Children and Youth
- 20. Kyiv Regional Center of Social Services for Family, Children and Youth
- 21. Mykolaiv Regional Center of Social Services for Family, Children and Youth
- 22. Zhytomyr Regional Center of Social Services for Family, Children and Youth
- 23. Khmel'nytskyi Regional Center of Social Services for Family, Children and Youth
- 24. Vinnytsia Regional Center of Social Services for Family, Children and Youth
- Chernihiv Regional Center of Social Services for Family, Children and Youth
- 26. Zaporizhia Regional Center of Social Services for Family, Children and Youth
- 27. Odesa Regional Center of Social Services for Family, Children and Youth
- Luhans'k Regional Center of Social Services for Family, Children and Youth \*

### **Care Institutions**

- 1. Children's home "Kind Heart", Lviv, Novyi Myliatyn
- 2. Children's home №2, Lviv
- 3. Children's home №104
- 4. Children's home "Oranta", Lviv region, Drogobyc
- 5. Specialized children's home "Dream", Lviv
- 6. Children's home "Oriana", Lviv region
- 7. Children's home in Krakovets', Lviv, Yavoriv dist.
- 8. Children's home in Kornalovychi village, Staryi Sambir district, Lviv region
- 9. Lviv children's shelter, Lviv

- 10. Specialized children's home in Boryslav, Lviv region
- 11. Orphanage "Grace"
- 12. Regional children's anti-tuberculosis sanatorium in Zhuravno
- 13. Family House "Pokrova"
- 14. Children's home in Bortnyky
- 15. Training and rehab center "Dawn", Chervonograd
- 16. Boarding House "Century"

# 5.3 Partnerships

### **NGO** networks

- 1. Greek Catholic All Ukraine Youth Services
- 2. "This Child Here", Odessa
- 3. SOS Kinderdorf, Brovary (Kyiv Oblast), Severodonets'k (Lugans'k oblast)
- 4. CF "Heritage", Odessa
- 5. All-Ukrainian Association of Foster Parents
- 6. "Zakarpattia Without Orphans", Uzhgorod
- 7. Lviv Child Care Centre
- 8. Centre of Orphans Care
- 9. LEF L'viv Educational Foundation
- UCEF (Ukrainian catholic education foundation)
   (USA Ukraine)
- 11. Commission of family affairs Ukr. Greek-catholic church
- 12. One Hope (Kyiv)
- 13. Salus (sex education)
- ILDC International Leadership Development Center
- 15. "There is a perspective"
- 16. AIESEC
- 17. UNICEF Ukraine

- 18. The Taras Carpa Charitable Foundation
- 19. Lviv Youth Regional Center
- 20. SOS Children's Village
- 21. The Future of Orphans
- 22. Family for a Child
- 23. Maximum
- 24. My Home
- 25. Zacarpatia without Orphans
- 26. Give life
- 27. A swarm of dreams
- 28. Congregation of the Sisters of St. Josef
- 29. Lviv Child Crisis Care Centre
- 30. NGO "Responsible Parenting" (Uzhgorod)
- 31. "Free Legal Help"
- 32. Sunshine Children's Center
- 33. St. Joseph the Betrothed Ukrainian Greek-Catholic Church, Chicago

# Companies and educational establishments in Ukraine

- 1. Lviv State University of Civic Safety
- 2. Ukrainian Catholic University
- 3. Lesia Ukrainka Lviv Academic Drama Theatre
- 4. Green Cotton Group (Danish company)
- 5. Sika footwear, Guldmann
- 6. Symphony Solutions (IT company)
- 7. Tropik fruit
- 8. Delta fruit
- 9. Martelle beauty studio
- 10. Bader Ukraine (DE)
- 11. Leoni (DE)
- 12. Private Notary Ol'ha Novosad
- 13. Galicia (juice company)
- 14. Nova Poshta (post service)
- 15. Rotary club "Lviv Kniazhyi"
- 16. Fest Republic (food industry)
- 17. "Hochuraju" (design studio)
- 18. Fujikura (JAP)
- 19. Ecosvit (recycling company)
- 20. Greenville (construction company)
- 21. Kinopalac (cinema chain),

- 22. Quest rooms "Esqape"
- 23. Rock climbing walls "Buchta"
- 24. Restaurant "Split"
- 25. Restaurant "Picasso"
- 26. "Apteka DS" (pharmacy chain)
- 27. "Persha pryvatna brovarnia" (brewery)
- 28. Gregori Textile (sewing company)
- 29. Kredobank
- 30. Shokoboom (sweets factory)
- 31. Regional Center for Scientific and Technical Creativity of Student Youth
- 32. GREHORI TEXTILE The community of Don Bosco
- 33. Center of children's and youth creativity of the Railway district
- 34. University of Commerce and Economics
- 35. Culture Park
- 36. Private vocational school "The Bridge"
- 37. Cafe "Green"
- 38. Global Logic
- 39. Brotherhood of St. Nicolas (Lviv Seminary)
- 40. Lviv Radio

# 5.3 Partnerships

### **Family Forms of Care**

- 1. Family Style Orphanages Zadviria (Sevruk family), Lviv region
- 2. Zavada, Lviv region, Mostyskyi district
- 3. Lviv (Dolgova family), Trakt Hlynians'kyi
- 4. Zhovtantsi, Lviv region, Kam'ianka-Bus'kyi district
- 5. Bus'k (Goroshko family), Lviv region
- 6. Bus'k (Dadak family), Lviv region
- 7. Bus'k (Soroka family), Lviv region
- 8. Lviv (Garashschenko family), Mechnikova str.
- 9. Lviv (Uzhytski family), Porokhova str.
- 10. Chyzhykiv (Forys family), Lviv region
- 11. Sukhodoly (Bakun family), Lviv region
- 12. Chernivtsi (Oliynyk family), Chernitsi
- 13. Lviv (Flyak family),
- 14. Lyadryk (Poteluch), Lviv region
- 15. Kostak (Zolochiv), Lviv region
- 16. Natrobina (Bibrka), Lviv region
- 17. Nevolko (B. Lubin), Lviv region
- 18. Lviv (Skutar family),
- 19. Chernova (Remeniv), Lviv region
- 20. Rozluska (Domazyr), Lviv region
- 21. Makarchuk (Birky), Lviv region
- 22. Kryvko (Dublyany), Lviv region
  - 23 27. Five FSOs in Pnikut, Mostys'tyi dist., Lviv region

### **Foster and Adoptive Families**

28 – 40. Thirteen Foster Families (Lukan, Sakvuk, Drymal'iovs'ki, Posypanky, Stropysh, Kholiavka, Kibliska, Litkovych, Horenkova, Romanska, Romaniv, Yaskiv, and Ohota)

41 – 55. Fifteen adoptive parents



# 6. Organisational Profile

# 6.1 General Information About the Organisation

Organisation name	Care in Action
Organisation location	Waldspielplatz 44, 82319 Starnberg, Germany
Organisation Founding	1998
Further branches	Sister org. Turbota v Dii, L'viv, Ukraine
Legal form	Care in Action e. V. is a non-profit charitable organisation, registered in Munich, Germany
Contact details	Waldspielplatz 44, 82319 Starnberg, Germany
<ul><li>address</li></ul>	Germany +49 (0)8151 6500 404
• phone	Ukraine +380 (0)32 276 2828
• e-mail	info@care-in-action.org
website (URL	http://care-in-action.org
Link to Articles of Association (URL)	
Registration	
<ul> <li>court of registry</li> </ul>	Munich, Germany
<ul> <li>registration number</li> </ul>	Reg. Nr. 16143
date of registration	July 1998
<ul> <li>Charity or non-profit organisation</li> <li>Details of the charitable or non-profit purpose</li> <li>Acknowledgment or confirmation of tax exemption by the relevant authority</li> <li>Issuing authority</li> </ul>	Youth work and charitable purpose  Tax exemption currently granted  Vereinsregister München
Worker's Organisation	Verein

Employees	2018	2019	2020
Total number of workers	14	14	15
Full time	8	8	9
Part time	6	5	4
Freelance	2	2	2
Volunteers- total to date	382	439	574

# 6. Organisational Profile

# 6.2 Governance of the Organisation

Governance

Care in Action Members (17 members)
Management Board (3 members)

Executive Director (projects, fundraising)
Manager (fundraising, projects, bookkeeping)

Team in Lviv, Ukraine
Administrators in Malawi

### Management

Charitable members organisation, with 17 members (eingetragener Verein, mildtätig).

**The general assembly of members** (Mitglieder) is the highest governing body. It elects the board members and the chairperson of the board, checks and approves the yearly accounts, the yearly report, the project and budget plans and forecasts.

**The management board** (Vorstand) is responsible for the management of the organisation and its 3 members are elected for a period of 2 years by the general Care in Action members. They communicate with each other and meet upon demand during the year.

**The Executive Director** (Geschäftsführer) is responsible for the running of the organisation in accordance with the directives of the board, executes its day to day and business affairs, is responsible for hiring and firing staff and for the implementation of the organisation's expressed goals. Details are documented in and governed by our procedures. (Geschäftsordnung)

- Chairman Mr. Josef Lierzer
- Board member Mr. Werner Lehnis
- Board member Dr. Horst Goss
- Secretary Mrs. Lydia Bauer
- Executive Director Ms. Jasmine Lehnis-Leitao
- Project support Mrs. Janice Lehnis, Ms. Jasmine Lehnis-Leitao
- For our project managers in Ukraine and Malawi see pages 32, 33

# **Board of Supervisors**

See: the general assembly of members (Mitglieder)

### **Conflicts of Interests**

None

# 6. Organisational Profile

# **Internal Control Systems**

Accounts are checked internally by 2 members, as well as by the German charity tax authorities. Tax exception status has been upheld.

The general assembly of members (Mitglieder) checks and approves the yearly accounts, as well as the project and budget plans.

(Care in Action e.V. **Waldspielplatz 44, 82319 Starnberg,** Germany ist nach dem letzten uns zugegangenen Bescheid vom 10.11.2017 des Finanzamtes München, von der Körperschaftsteuer befreit)

Ukraine accounts of Turbota v Dii, as an independent legal body has its own, similar, internal and external checking systems and levels, additionally has a book keeper and has its own current member's organisation tax status.

# 6.3 Memberships and Associated Organisations

- **Turbota v Dii,** our sister Ukrainian NGO founded in Lviv in 2011 to implement Care in Action goals in Ukraine by providing long term care and support for orphans, and socially disadvantaged youth and children.
- Bloomfield Day Care Centre in Mulanje, Malawi
- **GEMO Day Care Centre** in Blantyre, Malawi

# 6.4 Environmental and Social Profile

The mission of Care in Action is centred around positive social impact. We actively promote equal opportunities and responsible citizenship. This has led to environmental projects such as Eco Action days to plant trees and clean public park areas. We mobilise volunteers, including young people from disadvantaged backgrounds, to support children, the elderly, and war veterans.

Care in Action takes its responsibility to its employees seriously. This includes:

- Investment in training and personal development
- Employment and volunteer opportunities for people from diverse backgrounds
- Inclusion for people with special needs
- Participatory approach to decision making
- Promoting active citizenship



# 7. Finance and Accounting Practices

# 7.1 Accounting procedures

The financial statements are produced by our bookkeeping department on a voluntary basis. The audits of the accounting are done by internal auditors

# 7.2 Income and expense account 2018-2020

Expenses all portfolios and projects in EURO	2018	2019	2020
Project Expenses			
"STEP" life skills Program	12,777.22	14,024.36	16,322.82
"Together" Child Development	5,107.18	6,694.82	7,385.51
"Guardian Angel" Mentoring	5,349.98	4,408.85	8,622.41
"Sponsorship" support for education	19,007.78	24,043.43	32,775.89
"Malawi" Day Care	1,575.00	6,343.62	9,114.52
"Care 4 Carers"	18,322.45	40,297.79	22,590.29
<b>"Volunteering</b> " in Ukr.plus 4 x 1 month experience exchange in Germany	9,222.07	10,991.44	7,208.82
Turbota v Dii - Sister Organisation	8,329.67	5,556.54	8,644.43
Salaries for project implementation	26,036.00	In projects	in projects
Total Projects	105,727.35	112,360.85	112,664.69
Administration			
Business and administration needs, equipment, travel, other	3,898.52	4,914.96	4,847.99
Salaries	6,509.00	8,183.00	5,461.62
Total Administration	10,408.52	13,097.96	10,309.61
Marketing			
Marketing other expenses	2,323.46	3,306.98	1,022.71
Marketing salaries	6,848.22	8,183.00	9,075.55
Total Marketing	9,171.68	11,489.98	10,098.26
Total Expense	125,306.55	136,948.79	133,072.56
Income			
Donations	153,852.84	123,129.52	208,019.69
Membership fee	155.56	325.56	375.56
Total income	154,008.40	123,455.08	208,395.25
Hereof earmarked for designated child sponsorships Plus earmarked financial buffer for child sponsorships	Appr. 21,000	Appr. 22,000	Appr. 29,000
No loans, debts or outstanding liabilities	√	√	√
Balance of Income to Expenses end of calendar year	28,701.85	-13,493.71	75,322.69
The desired financial buffer / safety reserve of approximately 0.7 of the yearly expense budget was maintained	√	√	√

# 7.3 Tax exemption

Tax exception is granted by the current certificate, issued on the 22.10.2017 by the tax office Munich Germany (laut Bescheid vom 10.11.2017 des Finanzamtes München, von der Körperschaftsteuer befreit)

Care in Action



Every donation helps a disadvantaged child, like Yaroslav, to have the education, skills and support they need to succeed in life. Thank you for making this possible.



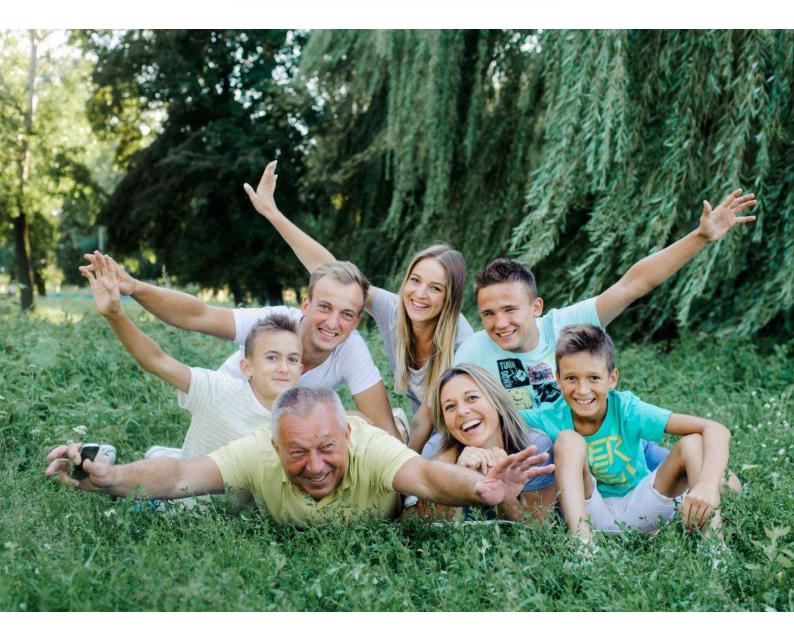


Care in Action eV, Commerzbank **IBAN:** DE82 7004 0041 0367 0700 02

**BIC**: COBADEFFXXX







# Improving the lives and opportunities of vulnerable children

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